

Kevin Sutton's 10 Principles for Attacking Zones

- 1. Beat the zone down the floor.**
- 2. Attack the zone with confidence.**
- 3. Move the zone from side-to-side or corner-to-corner.**
- 4. Use two types of penetration: dribble & pass.**
- 5. Maintain proper spacing—12 to 15 feet—apart.**
- 6. Rebound!**
- 7. Screen the zone whenever possible.**
- 8. Posts play with the heels on the baseline behind the zone.**
- 9. Play inside-out and not outside-in.**

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